

**Passaic School District Preschool Summer At-Home Learning Activities for Families
(10 Week Program)**

Math	Literacy/Language	Social/Emotional	Science	Writing/Art/ Fine motor	Music/Movement
Count the number of shoes in your house.	Read a book daily: Look at a book together Talk about the parts of the book: front cover, back cover, spine, pages... Is the book hard-covered or soft-covered? How can we tell? Talk about the author and illustrator. Point to the title. Ask the child to predict what the story will be about. Look and talk about the pictures in the book.	How do you feel today? Have a discussion about feelings.	Talk about the weather. Use words that describe what we see and feel.	Practice writing your name every day.	Move like an animal. (Example: crab walk, frog jump, slither like a snake, fly like a butterfly.)
Play a game of "How Many" -Show your child a written number 1-10 and ask them to show how many with their fingers.	Have the child draw a picture of what they did today. With support from an adult, add words about the picture.	Second Step SEL Program: Make different faces in the mirror. See if you can make a happy face, an angry face, or a silly face.	Make playdough. (1 cup flour 1 cup salt, ½ cup water) Measure the ingredients and talk about how they change when they are mixed.	Draw a picture of yourself.	Sing the Hokey Pokey song and dance.
Using different size shoes, place them from biggest to smallest.	Recite the alphabet. Sing the ABC song.	Second Step SEL Program: Sing "if you're happy and you know it" song.	Find things that roll. Find things that slide. Compare them both. What goes faster?	Have a child practice dressing themselves, including putting on coat, pants, shirt,	Do some exercises: jumping jacks, stretches, push-ups. Challenge someone to

[Type here]

Created by: Barbara Sack, Lenny Kostick, Mary DeBlasio, Preschool Teacher Coaches, 2021

		Change the emotions and the actions of the song.	slower?	socks and shoes.	do more than you.
Count how many steps from your door to your bed? Use little steps and then giant steps.	Telephone talk- using pretend telephones, invite the children to have a conversation with you.	Second Step SEL Program WHICH WAY? Say: "Watch and copy which way my arms point". (Example: up, down, side to side.)	Challenge the child to make noises with their body. (Example: stomping their feet, clapping their hands, clicking their tongue.)	Keep a daily writer's journal through pictures and/or words.	Roll two socks together and toss it back and forth like a ball.
Make a pattern using small items around the house such as forks and spoons. (Example-fork spoon fork spoon fork spoon.)	Make up rhymes: "Thinking of a word that rhymes with____ (Example: cat, bed, dig, hog, tug.)	Draw or paint a picture of someone you love.	Cook a meal with the child. Have the child help you measure, stir, and pour. Talk about how the ingredients change before and after they are cooked.	Have the child create a sculpture using recycled materials, shoe boxes, cereal boxes, old magazines etc.	Play a game of Simon Says.
Sort a pile of socks by: color, size, pattern.	Draw a picture of the favorite part of the book you read today. Discuss why it is your favorite part.	With the child, recite and practice the 4 Second Step Rules: EYES WATCHING EARS LISTENING VOICE QUIET BODY CALM	Talk with the child and name the parts of their body. Include eyebrows, tongue, elbow, shin, calf, forehead, eyelashes, wrist, etc.	Practice buttoning and zipping.	Jog in place while singing the alphabet song.
Stack paper cups to see how tall a structure you can make.	Using the letters in their name, go on a letter hunt in your kitchen. Talk about each letter, its sound, and other words that begin with that letter.	Second Step SEL Program STOP AND START Game	Cut up an apple or other type of fruit for the child. Together, try to find the "seeds", "peel", "core", "stem",	Have the child cut out pictures from magazines, flyers, etc.	Make movement patterns. (Example: Stomp, clap, stomp, clap...)

[Type here]

Created by: Barbara Sack, Lenny Kostick, Mary DeBlasio, Preschool Teacher Coaches, 2021

		When the first person says "Start," second person moves in their own space. When the first person says "Stop and do the pose" second person copies the stop pose. (Example: Put both hands on your stomach.)	and "flesh" of the apple.		
Go on a neighborhood walk and point out shapes in signs, on structures and in the sky!	Write the letters of your child's first name on small papers. Ask them to arrange the letters in order.	Call and talk to someone you know on the phone. Ask them how their day is going.	Fill up a container of water (or bathtub). Bring a variety of items and test out which items sink and which items float.	Create a picture of something you enjoy doing.	Play hopscotch. Play a game of hot potato to music.
Put a drop of dish or hand soap into a bowl of water. Use a spoon to stir and make bubbles.	Letter Treasure Hunt- Write letters on small pieces of paper. Hide the letters, around the house or yard. Have your child find the letters that you hid.	Draw a picture or write a note for a friend in your neighborhood.	Find things that are soft. Find things that are hard.	Cut the front of a cereal box like a puzzle. Have the child put it back together.	Make an obstacle course using furniture to crawl under and over.
Have your child find 5 things in your house that are taller they are.	Practice drawing shapes that the child knows.	Put on a puppet show with some of your toys. Have the toys talk about their feelings.	Sit in a quiet room and listen and identify sounds. Have the identify the sounds. (Example- cars outside, pets.)	Put the tops and the bottoms of plastic containers together.	Sing and play Head Shoulders Knees and Toes.

[Type here]

Created by: Barbara Sack, Lenny Kostick, Mary DeBlasio, Preschool Teacher Coaches, 2021