

October 2024

Passaic Public Schools Academy and PHS Breakfast



Monday

Tuesday

Wednesday

Thursday

Friday

7

Blueberry Pop Tarts (2 pack)

4 oz. Apple Juice

8

Liege Waffle

4 oz. Orange Juice

9

Double Chocolate Muffin

4 oz. 100% Fruit Punch Juice

10

Yogurt Parfait
4 oz. Yogurt, WG Granola, Dried Fruit

4 oz. Orange Pineapple Juice

11

Honey Bun

4 oz. Grape Juice

14

Cinnamon Toast Crunch Cereal (2 oz.)

4 oz. Apple Juice

15

Strawberry Pancakes

4 oz. Orange Juice

16

Cinnamon Roll

4 oz. 100% Fruit Punch Juice

17

Mini Chocolate French Toast

4 oz. Orange Pineapple Juice

18

Chocolate Filled Croissant

4 oz. Grape Juice

21

Brown Sugar and Cinnamon Pop Tarts (2 pack)

4 oz. Apple Juice

22

Liege Waffle

4 oz. Orange Juice

23

Corn Muffin

4 oz. 100% Fruit Punch Juice

24

Yogurt Parfait
4 oz. Yogurt, WG Granola, Dried Fruit

4 oz. Orange Pineapple Juice

25

Honey Bun

4 oz. Grape Juice

28

Trix Cereal (2 oz)

4 oz. Apple Juice

29

Strawberry Pancakes

4 oz. Orange Juice

30

Double Chocolate Muffin

4 oz. 100% Fruit Punch Juice

31

Mini Chocolate French Toast

4 oz. Orange Pineapple Juice

Did you know?

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National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.

ALL BREAKFAST WILL BE OFFERED WITH:

- AN ASSORTMENT OF FRESH FRUIT
- CHOICE OF 1%
- WHITE OR FAT FREE WHITE MILK
- LACTOSE FREE MILK IS AVAILABLE UPON REQUEST

MENU SUBJECT TO CHANGE WITHOUT NOTICE

School Info

10/3-10/4 – ROSH HASHANAH
DISTRICT CLOSED

THE PASSAIC PUBLIC SCHOOLS IS AN AFFIRMATIVE ACTION/EQUAL OPPORTUNITY EMPLOYER

October 2024

Passaic Public Schools

High School and Academies Lunch Menu



Monday



WG Breaded Boneless Wings, Ketchup/BBQ WG Biscuit

½ cup Celery Sticks – Homemade Dip

½ c Pears

WG Breaded Chicken Filet on WW Bun

¾ cup Carrots

½ cup Mixed Fruit

WG Breaded Popcorn Chicken Bites (12 ea), Ketchup/BBQ WG Biscuit

¾ cup Sweet Potato Fries
½ cup Green Beans

4 oz. 100% Fruit Punch Juice

WG Breaded Chicken Drumstick
WG Dinner Roll

½ c Smiley Potatoes

½ c Peaches

Tuesday

Baked Ziti (1 cup WG Pasta with Tomato and Meat Sauce Mixed with Cheese), Breadstick

1 cup Tossed Romaine Salad

Fresh Apple

1 cup Chicken Lo Mein (Chicken Strips with WG Pasta and Vegetables)

½ c Broccoli

4 oz. Apple Juice

Grilled Turkey Ham and Cheese on WW Sliced Bread

1 cup Broccoli and Cheese Soup
½ cup Baby Carrots

Fresh Apple

Cheeseburger on WW Bun, Ketchup

½ c Cucumber Salad

Fresh Banana

Meatball Parmesan on WW Hoagie

1 cup Tossed Salad with Vinaigrette
½ cup Baby Carrots

Fresh Banana

Wednesday

WG Cheese Stuffed Breadsticks – Marinara Sauce on the Side

½ c Seasoned Green Beans

4 oz. Apple Juice

Beef Hotdog on WW Bun, Ketchup
Pepper and Onion Relish on the Side

½ c Vegetarian Beans
½ c Carrots

Fresh Orange

Roasted Chicken Drumstick (2 ea)

½ cup Brown Rice
WW Dinner Roll

½ cup Seasoned Beans

Fresh Banana

1 cup Arroz Con Pollo

½ cup Pinto Beans

½ c Mixed Fruit

Chicken and Cheese Quesadilla, Pico de Gallo on the side, Sour Cream Packets
½ cup Brown Rice

½ cup Seasoned Beans

Fresh Orange

Thursday

ROSH HASHANAH

DISTRICT CLOSED

French Toast Sticks (3 ea), Syrup
Turkey Sausage

½ cup Tater Tots, Ketchup

Fresh Banana

Egg and Cheese Omelet
WG Eggo Waffle

½ cup Tater Tots

Fresh Orange

1/3 cup Homemade Beef Taco Meat
WG Scoops Corn Chips

½ Sweet Corn

Fresh Orange

1 cup Macaroni and Cheese, WG Breaded Chicken Tender (2 ea)

½ c Baby Carrots

Fresh Apple

Friday

ROSH HASHANAH

DISTRICT CLOSED

WG French Bread Cheese Pizza

¾ cup Carrot Salad
½ c Seasoned Green Beans

½ c Peaches

Homemade Pepperoni Pizza on WG Crust

½ c Seasoned Green Beans

½ c Pears

WG Stuffed Crust Cheese Pizza

1 cup Spinach Salad
½ c Baby Carrots

½ cup Pears

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National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.

CHOICE OF MILK: 1% WHITE MILK, NON-FAT CHOCOLATE MILK, AND SKIM MILK
LACTOSE FREE MILK
AVAILABLE UPON REQUEST

AN ADDITIONAL ½ C VEGETABLE AND FRUIT WILL BE OFFERED TO MEET THE MINIMUM 1 C. VEGETABLE AND FRUIT REQUIREMENT AS PER USDA GUIDELINES

ALL ACADEMY/PHS SCHOOLS WILL OFFER THE FOLLOWING DAILY

- Deli Meat and Cheese Sandwich on 2 oz. Bread
- Fresh Green Salad with Grilled Chicken OR Cheese
- WW Bagel with Cheese Sticks

A LA CARTE SNACK BAR
AVAILABLE – CASH ONLY!

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Passaic Public Schools Snack Menu



Monday

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Wednesday

Thursday

Friday



7
Bug Bites
Cinnamon
Graham Crackers
6 oz. Apple Juice

8
Strawberry
Nutrigrain Bar
6 oz. Orange Juice

9
Sun Chips
6 oz. Grape Juice

10
Rice Krispie Treat
6 oz. 100% Fruit
Punch Juice

11
Goldfish Pretzels
6 oz. Apple Juice

14
Scooby Doo
Cinnamon
Graham Crackers
6 oz. Orange Juice

15
Cheezits Cheese
Crackers
6 oz. Grape Juice

16
Blueberry Pop
Tart
6 oz. 100% Fruit
Punch Juice

17
Baked Cheetos
6 oz. Apple Juice

18
Rice Krispie Treat
6 oz. Orange Juice

21
Bug Bites
Cinnamon
Graham Crackers
6 oz. Grape Juice

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Strawberry
Nutrigrain Bar
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Punch Juice

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Cinnamon
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6 oz. 100% Fruit
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Strawberry
Nutrigrain Bar
6 oz. Apple Juice

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Blueberry Pop
Tart
6 oz. Orange Juice

31
Baked Cheetos
6 oz. Grape Juice

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