Passaic Public Schools October 2024 Breakfast in the Classroom



Tuesday

Wednesday

Thursday

3

10

17

24

31

Friday

Cereal Kit Frosted Flakes. **Graham Crackers**, 4 oz. Fruit Juice

Fresh Orange

Bar Kit Apple Cinnamon Nutrigrain Bar, Graham Crackers, 4 oz. Fruit Juice

Fresh Apple

ROSH HASHANAH

DISTRICT CLOSED

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CHOICE OF MILK OFFERED DAILY: WHITE 1% AND NON-**FAT WHITE**

LACTOSE FREE MILK **AVAILABLE UPON** REQUEST

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Cereal Kit

Foot Loops Cereal. Graham Crackers. 4 oz. Fruit Juice

Dried Raisin Box (½ cup)

8 Pop Tart Kit Strawberry Pop Tart,

Graham Crackers. 4 oz. Fruit Juice

Fresh Orange

Muffin Kit

WG Corn Loaf Kit. 4 oz. Fruit Juice

Fresh Apple

Yogurt Parfait Kit

LF Vanilla Yogurt, WG Granola. **Dried Cranberries**

4 oz. Apple Juice

Cereal Kit

11

18

25

Trix Cereal, Graham Crackers, 4 oz. Fruit Juice

Fresh Banana

Cereal Kit

14

21

28

Apple Cinnamon Cheerios, Graham Crackers, 4 oz. Fruit Juice

Dried Raisin Box (½ cup)

15

22

Pop Tart Kit Frosted Fudge Pop Tart, Graham Crackers. 4 oz. Fruit Juice

Fresh Orange

Bar Kit

J&J French Toast

Benefit Bar. 4 oz. Fruit

Juice

Muffin Kit

16

23

30

Blueberry Muffin Flat, 4 oz. Fruit Juice

Fresh Apple

Breakfast Kit

WG Iced Apple Swirl Roll, 4 oz. Fruit Juice

Fresh Pear

Cereal Kit

Cinnamon Toast Crunch Cereal, Graham Crackers 4 oz. Fruit Juice

Fresh Banana

Cereal Kit

Cocoa Puffs, Graham Crackers, 4 oz. Fruit Juice

Dried Raisin Box (½ cup)

Muffin Kit

Apple Cinnamon Muffin Flat. 4 oz. Fruit Juice

Fresh Apple

Breakfast Kit

WG Iced Cinnamon Roll. 4 oz. Fruit Juice

Fresh Pear

Cereal Kit

Lucky Charms, Graham Crackers, 4 oz. Fruit Juice

Fresh Banana

Bar Kit

Apple Jack's, Graham Crackers, 4 oz. Fruit Juice

Dried Raisin Box (½ cup)

Fresh Orange

29

Bar Kit **Cinnamon Toast** Crunch Bar. 4 oz. Fruit Juice

Fresh Orange

Bar Kit

Strawberry Nutrigrain Bar, Graham Crackers, 4 oz. Fruit Juice

Fresh Apple

Bar Kit

J&J Banana Chocolate Chip Bar. 4 oz. Fruit Juice

Fresh Pear

Did you know?

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.

School Info

10/3-10/4 - ROSH HASHANAH **DISTRICT CLOSED**

*THE PASSAIC PUBLIC **SCHOOLS IS AN AFFIRMATIVE** ACTION/EQUAL **OPPORTUNITY EMPLOYER***

October 2024 Elementary Lunch Menu **Passaic Public Schools**

Thursday

ROSH HASHANAH

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WG Breaded Boneless Wings, Ketchup/BBQ

½ cup Celery Sticks -**Homemade Dip**

WG Biscuit

1/2 c Pears

WG Breaded Chicken Filet on WW Bun

34 cup Carrots

½ cup Mixed Fruit

WG Breaded Popcor 21 Chicken Bites (12 ea), Ketchup/BBQ **WG Biscuit**

34 cup Sweet Potato Fries

4 oz. 100% Fruit Punch Juice

WG Breaded Chicken 28 **Drumstick** WG Dinner Roll

½ c Smiley Potatoes

½ c Peaches

Tuesday

Baked Ziti (1 cup WG Past with Tomato and Meat Sauce Mixed with Cheese), Breadstick

1 cup Tossed Romaine Salad

Fresh Apple

1 cup Chicken Lo Mein 8 (Chicken Strips with WG Pasta and Vegetables)

½ c Broccoli

4 oz. Apple Juice

Grilled Turkey Ham and 5 Cheese on WW Sliced

Bread

1 cup Broccoli and **Cheese Soup**

Fresh Apple

Cheeseburger on WW Bun. Ketchup

½ c Cucumber Salad

Fresh Banana

Meatball Parmesan on 29 WW Hoagie

1 cup Tossed Salad with Vinaigrette

Fresh Banana

Wednesday

WG Cheese Stuffed Breadsticks - Marinara Sauce on the Side

½ c Seasoned Green Beans

4 oz. Apple Juice

Beef Hotdog on WW Bun 9 Ketchup Pepper and Onion Relish on the Side

½ c Vegetarian Beans

Fresh Orange

Roasted Chicken

Drumstick

½ cup Brown Rice

½ cup Seasoned Beans

Fresh Banana

1 cup Arroz Con

Pollo

½ cup Pinto Beans

½ c Mixed Fruit

½ cup Brown Rice

French Toast Sticks (3 ea 10 **Turkey Sausage**

½ cup Tater Tots, Ketchup

Syrup

Fresh Banana

Friday

ROSH HASHANAH

DISTRICT CLOSED

WG French Bread Cheese Pizza

11

25

34 cup Carrot Salad

½ c Peaches

Homemade Pepperoni 18 **Egg and Cheese Omelet** Pizza on WG Crust WG Eggo Waffle

½ cup Tater Tots

Fresh Apple

½ c Seasoned Green **Beans**

½ c Pears

1/3 cup Homemade Bee 24 Taco Meat **WG Scoops Corn Chips**

1/2 Sweet Corn

Fresh Orange

WG Stuffed Crust Cheese Pizza

1 cup Spinach Salad

½ cup Pears

Chicken and Cheese 30 Quesadilla, Pico de Gallo on the side, Sour Cream Packets

½ cup Seasoned Beans

Fresh Orange

1 cup Macaroni and 31 Cheese, WG Breaded Chicken Tender (1 ea)

½ c Baby Carrots

Fresh Apple

Did you know?

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.

CHOICE OF MILK: 1% WHITE MILK, NON-FAT CHOCOLATE MILK, AND SKIM MILK

AN ADDITIONAL ½ CUP **VEGETABLE WILL BE OFFERED** TO MEET THE MINIMUM 1 CUP VEGETABLE REQUIRMENT AS PER USDA GUIDELINES

ALL ELEMENTARY SCHOOLS WILL OFFER THE FOLLOWING DAILY

- Deli Meat and Cheese Sandwich on 2 oz. Bread
- Fresh Green Salad with Grilled Chicken **OR Cheese**
- **WW Bagel with** mozzarella cheese

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October 2024 Snack Menu

6 oz. 100% Fruit

Punch Juice

Passaic Public Schools



commemorates the Great

Chicago Fire of 1871.

6 oz. Orange Juice