

March 2023



Passaic Public Schools Grab and Go Breakfast Menu

Monday

Did you know?

March babies are spoiled with two birthstones: aquamarine, and bloodstone which symbolize courage.

Cereal Kit

6

WG Reduced Sugar Trix Cereal, WG Graham Crackers, 4 oz. Fruit Juice

Fresh Banana

Cereal Kit

13

WG Reduced Sugar Froot Loops, WG Graham Crackers, 4 oz. Fruit Juice

Dried Fruit

Cereal Kit

20

WG Reduced Sugar Trix Cereal, WG Graham Crackers, 4 oz. Fruit Juice

Applesauce Cup

Cereal Kit

27

WG Reduced Sugar Lucky Charms, WG Graham Crackers, 4 oz. Fruit Juice

Dried Fruit

Tuesday

Breakfast Bar Kit

7

WG Betty Crocker Chocolate Oatmeal Bar, WG Graham Crackers, 4 oz. Fruit Juice
Fresh Orange

Breakfast Bar Kit

14

WG Betty Crocker Chocolate Oatmeal Bar, WG Graham Crackers, 4 oz. Fruit Juice
Fresh Orange

Pop Tart Kit

21

Chocolate Frosted Pop Tart, WG Graham Crackers, 4 oz. Fruit Juice
Fresh Apple

Pop Tart Kit

28

Cinnamon Pop Tart, WG Graham Crackers, 4 oz. Fruit Juice
Fresh Banana

Wednesday

Breakfast Bar Kit

1

WG Betty Crocker Butterscotch Oatmeal Bar, WG Graham Crackers, 4 oz. Fruit Juice
Fresh Orange

Yogurt Kit

8

LF Vanilla Yogurt, WG Granola, Dried Fruit
Fresh Apple

Cereal Kit

15

Cinnamon Chex, WG Graham Crackers, 4 oz. Fruit Juice

Fresh Apple

Yogurt Kit

22

LF Vanilla Yogurt, WG Granola, Dried Fruit
Fresh Banana

Muffin Kit

29

Blueberry Muffin, WG Graham Crackers, 4 oz. Fruit Juice
Fresh Apple

Thursday

Muffin Kit

2

WG Corn Muffin, 4 oz. Fruit Juice

Fresh Pear

Muffin Kit

9

WG Apple Cinnamon Mini Muffin, WG Graham Crackers, 4 oz. Fruit Juice
Fresh Pear

Breakfast Bar Kit

16

Strawberry Nutrigrain Bar, WG Graham Crackers, 4 oz. Fruit Juice
Fresh Pear

Muffin Kit

23

WG Corn Muffin, 4 oz. Fruit Juice

Fresh Pear

Breakfast Bar Kit

30

Apple-Cinnamon Nutrigrain Bar, WG Graham Crackers, 4 oz. Fruit Juice
Fresh Pear

Friday

Cereal Kit

3

Cinnamon Toast Crunch, WG Graham Crackers, 4 oz. Fruit Juice

Dried Fruit

Breakfast Bar Kit

10

Apple-Cinnamon Nutrigrain Bar, WG Graham Crackers, 4 oz. Fruit Juice
Fresh Apple

Cereal Kit

17

WG Reduced Sugar Lucky Charms, WG Graham Crackers, 4 oz. Fruit Juice

Fresh Apple

Cereal Kit

24

WG Reduced Sugar Froot Loops, WG Graham Crackers, 4 oz. Fruit Juice

Fresh Apple

Cereal Kit

31

WG Reduced Sugar Frosted Flakes, WG Graham Crackers, 4 oz. Fruit Juice

Dried Fruit

ALL BREAKFAST WILL BE OFFERED WITH:

- AN ASSORTMENT OF FRESH FRUIT
- CHOICE OF 1% WHITE, FAT FREE WHITE MILK OR FAT FREE CHOCOLATE MILK
- LACTOSE FREE MILK IS AVAILABLE UPON REQUEST

MENU SELECTION MAY CHANGE FROM THOSE LISTED ON THE MENU DUE TO SUPPLY CHAIN DISRUPTIONS

THE PASSAIC PUBLIC SCHOOLS IS AN AFFIRMATIVE ACTION/EQUAL OPPORTUNITY EMPLOYER

March 2023



Passaic Public Schools Satellite Schools Lunch Menu

Monday

Did you know?

March babies are spoiled with two birthstones: aquamarine, and bloodstone which symbolize courage.

Tuesday

Wednesday

Thursday

Friday

6
WG Breaded Chicken Nuggets (5 ea)
¾ cup Sweet Potato Fries
WW Dinner Roll
Ketchup
½ cup Peach Cup

7
Cheeseburger on WW Bun
Ketchup
¾ cup Romaine Salad

Fresh Orange

8
Breaded Chicken Fillet on WW Bun
Ketchup
¾ cup Pinto Beans

Fresh Banana

9
Oven Roasted Chicken
½ cup Brown Rice
WW Dinner Roll
¾ cup Peas

Fresh Pear

10
Tony's Cheese Pizza
¾ cup Green Beans

4 oz. Fruit Punch Juice

13
WG Chicken Drumstick
¾ cup Carrots
WW Dinner Roll
Ketchup

4 oz. Apple Juice

14
Grilled Turkey Ham and Cheese on WW Bread
¾ cup Spinach

Fresh Apple

15
Homemade Beef Chili with
½ cup Beans
½ cup Brown Rice
¼ cup Shredded Cheese
Fresh Banana

16
French Toast Sticks (3 ea), Syrup
Turkey Sausage (2 ea)
¾ cup Tater Tots
Ketchup

4 oz. Orange Juice

17
Tony's Cheese Pizza
¾ cup Celery Sticks Dip

Fresh Pear

20
WG Breaded Popcorn Chicken
¾ cup Sweet Potato Fries
WW Dinner Roll
Ketchup
½ cup Peach Cup

21
1 cup Cheeseburger Macaroni (WG)
¾ cup Romaine Salad

4 oz. Apple Juice

22
Beef Hot Dog on WW Bun
Ketchup

¾ cup Beans
Fresh Orange

23
Oven Roasted Chicken
½ cup Brown Rice
WW Dinner Roll
¾ cup Corn

Fresh Apple

24
Tony's Cheese Pizza

¾ cup Green Beans

4 oz. Fruit Punch

27
WG Breaded Chicken Nuggets (5 ea.)
¾ cup Carrots
WW Dinner Roll
Ketchup

½ cup Applesauce

28
Grilled Cheese on WW Bread
¾ cup French Fries
Ketchup

Fresh Apple

29
1 cup WG Pasta with 1/3 cup
Homemade Tomato and Meat Sauce
¾ cup Spinach

Fresh Pear

30
Homemade Seasoned Beef Taco Meat (1/3 cup)
WG Tostito Scoops
¼ cup Shredded Lettuce and Cheese
¾ cup Beans
4 oz. Fruit Punch

31
Tony's Cheese Pizza
¾ cup Cucumber slices
Dipping Sauce
Fresh Orange

CHOICE OF MILK:
1% WHITE, NON-FAT
CHOCOLATE, AND
SKIM MILK

AN ADDITIONAL ½
VEGETABLE WILL BE
OFFERED TO MEET
THE MINIMUM 1 C.
VEGETABLE
REQUIREMENT AS
PER USDA
GUIDELINES

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March 2023



Passaic Public Schools After-School Snack Program

Monday

Did you know?

March babies are spoiled with two birthstones: aquamarine, and bloodstone which symbolize courage.

Tuesday

Wednesday

Thursday

Friday

1

WG Scooby Doo
Graham Crackers

6 oz Grape Juice

2

WG Cheezits
Cheese Crackers

6 oz. Fruit Punch
Juice

3

WG Apple-
Cinnamon
Nutrigrain Bar

6 oz. Apple Juice

6

WG Brown Sugar
Cinnamon
Pop Tart

6 oz. Orange Juice

7

WG Bug Bites
Cinnamon Graham
Crackers

6 oz. Fruit Punch
Juice

8

WG Strawberry
Nutrigrain Bar

6 oz. Orange-
Pineapple Juice

9

WG Chocolate
Belly Bear Graham
Crackers

6 oz. Apple Juice

10

WG Reduced-Fat
Cheeto Puffs

6 oz. Grape Juice

13

WG Scooby Doo
Graham Crackers

6 oz Fruit Punch
Juice

14

WG Pretzels

6 oz. Apple Juice

15

WG Apple-
Cinnamon
Nutrigrain Bar

6 oz. Orange Juice

16

WG Cheezits
Cheese Crackers

6 oz. Orange-
Pineapple Juice

17

WG Chocolate
Frosted Pop Tart

6 oz. Grape Juice

20

WG Tostito Scoop
Chips

6 oz. Apple Juice

21

WG Bug Bites
Cinnamon Graham
Crackers

6 oz. Fruit Punch
Juice

22

WG Chocolate
Belly Bear Graham
Crackers

6 oz. Grape Juice

23

WG Reduced-Fat
Cheeto Puffs

6 oz. Orange-
Pineapple Juice

24

WG Brown Sugar
Cinnamon
Pop Tart

6 oz. Orange Juice

27

WG Scooby Doo
Graham Crackers

6 oz. Fruit Punch
Juice

28

WG Pretzels

6 oz. Apple Juice

29

WG Strawberry
Nutrigrain Bar

6 oz. Orange-
Pineapple Juice

30

WG Cheezits
Cheese Crackers

6 oz. Orange Juice

31

WG Tostito Scoop
Chips

6 oz. Grape Juice

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